

FOOD PANTRY SHOPPING LIST

Take this list when you shop for groceries and fill an extra bag to restock our pantry shelves and help local families. **Thank you!**

Food items

Canned meats
(chili, beef stew, ravioli with meat, tuna, chicken, salmon)
Canned fruits
Canned soups
Canned beans
(pinto, kidney, black, etc.)
Canned green beans
Canned corn
Canned tomatoes
Canned peas
Canned carrots
Rice (box or bag)
Pasta (box or bag)
Boxed macaroni & cheese
Flavored mixes
(Rice-a-Roni, instant potatoes or Hamburger Helper)
Instant soups
(ramen, soup packets)
Stuffing
Sugar or flour (1 or 2 pound bags)
Baking mixes, muffins, cornbread

Non-food items

Paper towel & toilet paper
Cleaning supplies
(cleansers, bleach, etc.)
Toiletries
(soap, toothpaste, toothbrushes, shampoo, razors, feminine hygiene)
Laundry detergent
Diapers & wipes
Baby food
Adult diapers

Questions?

Please call (972) 446-2100

The mission of Metrocrest Services is to provide programs for individuals, families and seniors that lead to self-sufficiency and preserve independence. We aid individual in Carrollton, Farmers Branch, Addison, Coppell and city of Dallas in Denton County.

13801 Hutton Drive, Suite 150, Farmers Branch, Texas 75234

www.metrocrestservices.org

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