



# Brighten the Holidays *for local families & seniors*

Benefiting: **metrocrest**  **services**<sup>®</sup>  
*building a stronger community together*

## What Food to Donate:

- Canned **fruit**
  - Canned **vegetables**
  - Canned **meat or chili**
  - Canned **pasta & meat**
  - Canned **tomato sauce** or diced tomatoes
  - Canned **soup**
  - Canned **tuna, salmon, chicken or seafood**
  - **Peanut butter & jelly**
  - **Cereal & oatmeal**
  - **Mac & cheese**
  - Dried **pasta, rice, or beans**
  - Boxed **instant potatoes**
  - Flavored **rice or pasta mix**
  - **Flour & baking mixes**
  - **Helper-type mixes**  
(for burger or tuna)
  - **Jello or pudding cups**
  - **Stuffing**
  - **Muffin/bread mixes**
  - **Vegetable oil** (plastic bottle)
- \*No glass or perishables!\*

# DONATE ITEMS HERE

THANK YOU FOR YOUR SUPPORT