





PARENTING CLASSES

Every mom and dad needs support! Join Hope Cottage at Metrocrest Services every 2nd & 4th Tuesday of the month from 1-2 p.m. to learn about positive parenting skills. For expecting parents and caregivers with children from 0-5 years old.



Free Diapers!

When you sign up and attend the class you automatically qualify for the free diapers.

Class topics include:

- Child development
- Tantrums
- Potty training
- and more!

TO REGISTER CONTACT LUZ:



972-841-6359

WHEN

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2nd & 4th Tuesday **Only** 1:00 - 2:00 PM

WHERE



Metrocrest Services 1145 N. Josey Ln. Carrollton, TX 75006

Classes begin on February 27th